

PARK LANE PRESS

Today's Learners | Tomorrow's Leaders

<u>Sports Edition</u>







Dear Park Lane Family,

Welcome back to what we promise to be another phenomenal year of sporting success across our Family.. And what a way to launch the year with nothing other than our much anticipated Griffin Sports Festival. The Festival was launched with an inschool sports week which brought many different sports for our children to try throughout the school from trampolining to fencing to a Grufalo Trail. From our Mini Griffins to our Year 6 children, it was a week of sporting fun for all!

Our Sports Festival involved our Team competing against their fellow Griffins from within our wider Family of Schools, including our secondary aged children. To be crowned second place was an exceptional outcome and the Team should be so proud!

We thank our Families for the uptake in our most recent cocurricular programme and of course, for the consistency in our PE kits: long may this continue as we progress into the year!

Warmest Wishes, Joy Davies & Lewis Such

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Scan the QR code to see what we got up to during our GSF School Week!

Griffin Sports Festival In School Events



Target Games



Our Early Years and KS1 Griffins, had a great start to their Griffin Sports Festival week by enjoying different target activities. This included archery, rolling a ball to knock down cones, throwing bean bags into a hoop and basketball shooting. All of our activities worked on developing the children's accuracy: they all waited patiently taking turns and persevered to try and beat their scores with each try.











Our KS2 Griffins enjoyed being immersed in some tennis activities and built on refining their skills in this sport. This included our Year 3 and 4 Griffins recapping the forehand shot and our Year 5 and 6 Griffins practising both the backhand and volley. All Griffins worked hard to perfect their skills, including control and accuracy when sending and receiving the ball.

Trampolining















<u>Gruffalo Trail - Outdoor Adventurous Activities (OAA)</u>

Our Early Years and KS1 Griffins enjoyed a walk through the 'deep dark wood' searching for the characters from one of their favourite Julia Donaldson books: The Gruffalo. They enjoyed retelling the story whilst exploring the creatures that live there: all of our Griffins were really respectful when exploring the environment. Following this, all Griffins concluded their activity with a run along the cross-country track to find the Gruffalo who was waiting at the end of the trail. It was truly wonderful seeing them bring the story to life!



Griffin Sports Festival In School Events



Cycling

We were thrilled to once again to invite our Griffins into school with their bikes and scooters to ride along with their classmates in the sunshine. All children were competent on their scooters and bikes, building on their skills and knowledge to ensure they cycled safely. All children improved their health and fitness, creating an active form of travel to and from school. We hope that this may continue..







Fencing

Fencing was an exciting workshop that was delivered to all of our KS2 children. The workshop is part of our Olympic Sports range providing children of all abilities a unique sporting opportunity, which is easy to learn as an individual or as part of a team. The children learnt to strike one another in order to score points.





Did you know? Fencing is one of five sports which have become permanent fixtures at the Olympic Games since the very first Modern Games were held in 1896.

Boxing

Boxing for fitness was another of our activities offered to all of our Griffins throughout the festival, giving our children the opportunity to improve their core skills and fitness levels. All children were engaged throughout and developed their techniques, including skills with movement of footwork and combination techniques. Our KS2 Griffins also learnt how to jab, upper cut and hook. Everyone showed their values and respected one another when taking part - a great show of discipline!







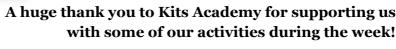






Football

Finally, our KS2 Griffins took part in a football workshop. The workshop focused on giving players all of the technical, physical, tactical, and social skills required to prepare them for a game. They thoroughly putting their skills into practise.









Zaye



Bentley



Claire



Jayden



William



Cerys



Mason



Emma



Wren



Limukani



Kian



Ava

Team Facts

Name: Park Lane GSF Team, also known as

'The Park Lane Griffins'

Ground: The Pingles Stadium

Top Events: Triple Jump, Handball, Curling and

Speed Bounce

Coach: Joy Davies Assistant Coach: Lewis Such Team Manager: Katy Johnston

Head of Sports: Claire and Bentley

"I loved taking part in the Griffin Sports Festival: it was so fun being allowed to stay over with all other Griffins and to do all things Sport!"



Kian

Griffin Sports Festival Trust-Wide Competition





The annual Griffin Sports Festival is a Proud Tradition across the GST Family that inspires the spirit of fair play, enthusiasm and unity. Embracing the theme of 'Energy' this year, the festival celebrates not only the skills of the participants, but also the resilience and determination of everyone involved: from the Trust student-athletes, dedicated staff coaches to the passionate community partners.

Hosted at the Pingles Stadium, 12 of our very own Griffins were selected to represent Park Lane in the Griffin Sports Festival competing against other schools within the Trust. Each primary team consisted of 6 boys and 6 girls with the secondary schools fielding two teams of 12.



The two-day residential, included an overnight stay at one of our collegiate schools - Nicholas Chamberlaine - meant our Griffins took part in a range of events including athletics, handball, curling, basketball and a thrilling duathlon: they all performed incredibly well in all events!

As the festival drew to a close, Park Lane were proudly crowned in 2nd place: a true remarkable achievement particularly when taking into consideration that 4 of the Teams consisted of secondary school

















Scan the QR code to see what we got up to during GSF!



Other Sporting Success Competitions

Dodgeball Games

What a fantastic festival our Year 5 Griffins took part in earlier this week! Our Griffins were scored on their values shown when taking part in the dodgeball games: overall, they came 2nd and 3rd in the competition and they showed true sportsmanship throughout.



Football Matches

Our Park Lane Boys Football Team played in 2 matches yesterday evening: one against Camp Hill Primary School and another against Michael Drayton Junior School. Unfortunately, they were not successful on this occasion with a win: however, all of our Griffins showed fantastic perseverance throughout.





Park Lane Primary School and Nursery

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