

PSHE Subject Road Map



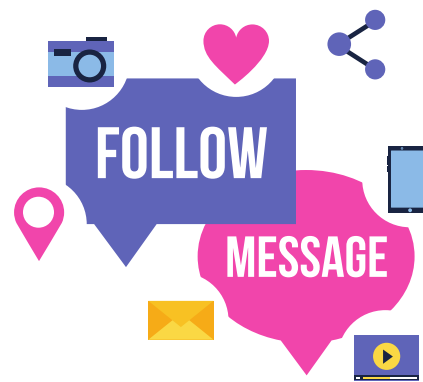
PARK LANE
PRIMARY SCHOOL

Continuing
into
Secondary
School

First Aid



Online Safety



The Importance of
Maintaining a
Healthy Lifestyle



Sex
Education

Finance
Management



Anti-Bullying and
Anti-Racism



Living in the
Wider World



Drugs, Alcohol and
Tobacco



Relationships



Citizenship

Careers and Preparations
for the Future



Mental Health



Year 7

GRIFFIN
SCHOOLS
TRUST

Entrepreneurship,
Enterprise and
Business

Law

The Power of Negotiation

Feeling
Anxious



Banks



Rights and
Radicalisation



How to Write a CV

Learning to Work



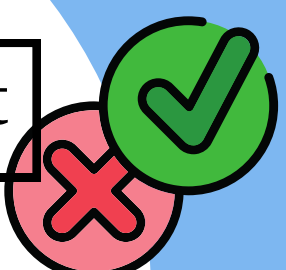
Tax



Pensions

Transition

Consent



Social Media -
Tik Tok

Celebrating Women
in History -
Forgotten
Achievements

The Government

Lawmakers and
Activists

What is
Forced
Marriage?

Ageism

Fair Trade - The
Shirt Off Your Back

Global Warming -
Issues and
Prevention



Identity, Gender
and Sexuality



The Power of Words -
Clean up Your Speech

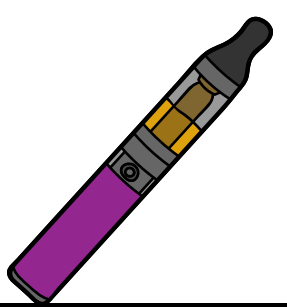


Recognising and
Controlling
Anger

Self-Perception

Drugs

Alcohol,
Smoking and
Vaping

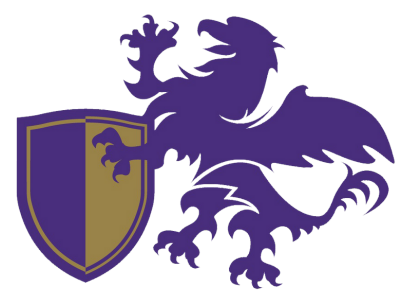


The Power of Life -
Inequality Within
Relationships

My Amazing
Body

Organisation of
Life

Illegal Drugs



GRIFFIN
SCHOOLS
TRUST

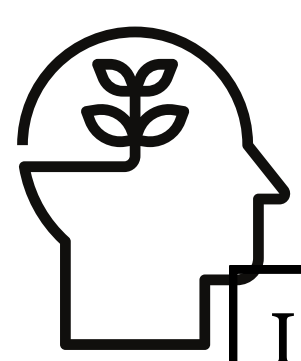
Autism Do Say,
Don't Say



First Aid

Year 6

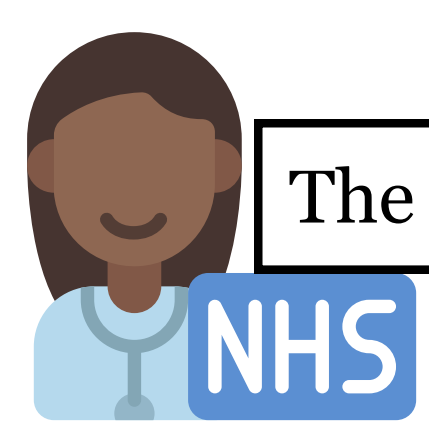
Supporting the Community



Learning

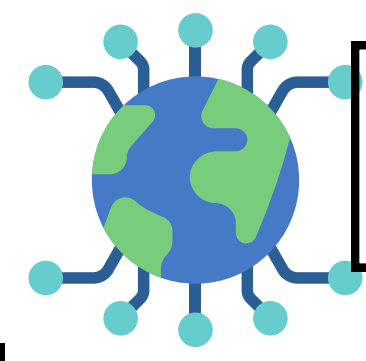


Borrowing Money



The NHS

NHS



The Digital World

Dealing with Adversity

Communicating Effectively



Freedom of Speech and Movement



Homophobic Language in Schools

Responsibility and Inspiration

Respecting Others' Boundaries and Beliefs

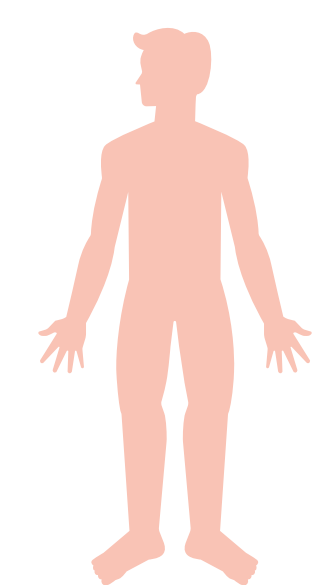
Laws and Parliament

Fairtrade: Same Storm, Different Boat

Social Media - Being Confident

Power of Words

What is Marriage?

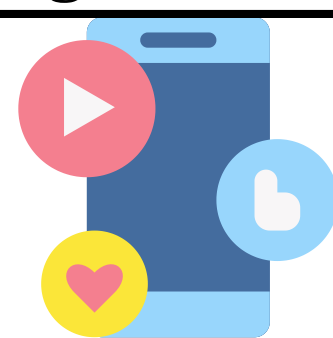


The Human Body

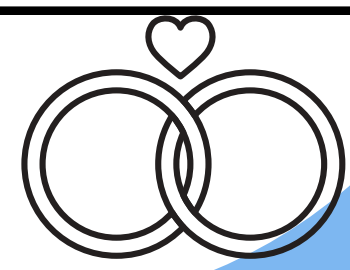


Caffeine - Harmful or Helpful?

Keeping My Body The Same



My Body Changes



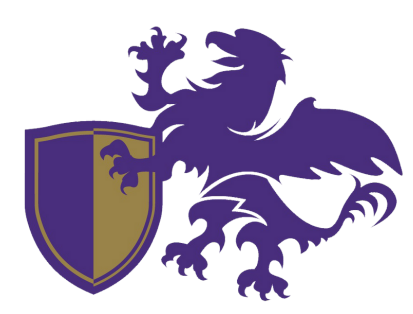
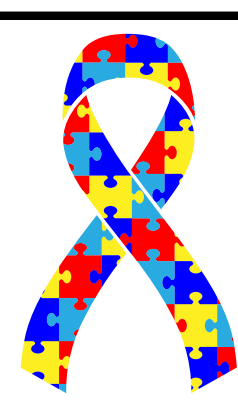
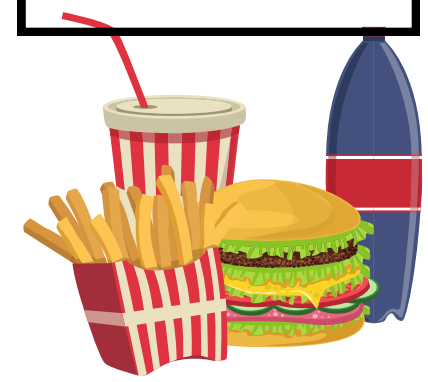
Nutritional Values

Autism: Neurodivergence

Expressing Love Differently As You Grow



Junk Food



GRIFFIN SCHOOLS TRUST

Year 5



Leadership



Respect



Consent

Being Responsible

Try and Try Again

Problem Solving and Resourcefulness

Earning Money



Where Does My Food Come From?

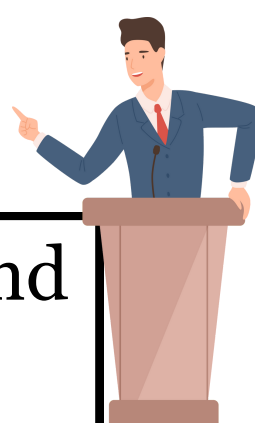


Family Relationships



Identity and Gender

Government and Rules



Everything Will Be Alright



Freedom in Beliefs

All About Tik-Tok



Fairtrade: Change Through Choice

Bullying

What's Love?



My Body, Your Body - Keeping Safe



The Recreational Drugs of Alcohol and Nicotine



The Importance of Physical Activity

Autism: Aspergers

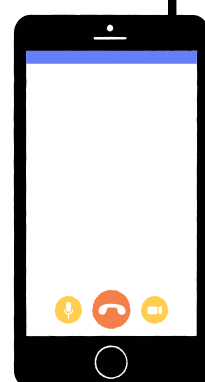
Sleep



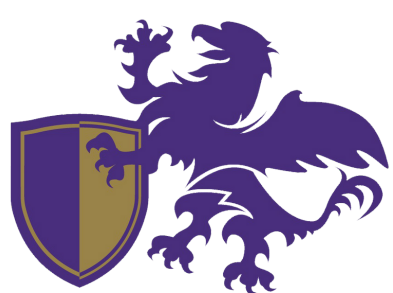
Relaxing to Recharge

Healthy Eating and a Balanced Diet

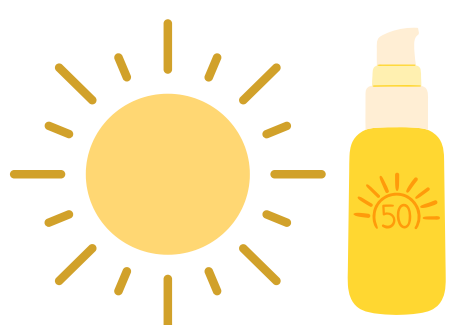
Screentime



Year 4



GRIFFIN SCHOOLS TRUST



Sun Safety

Helping Others to Get Help

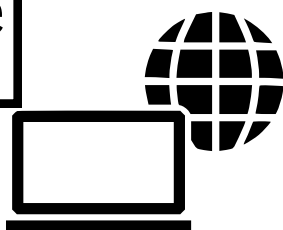


Separation and Divorce

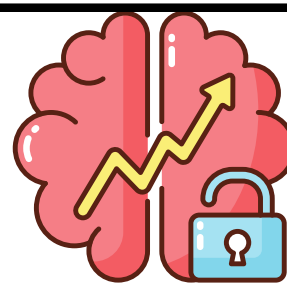
Problem Solving and Time Management

Who Can We Trust

Staying Safe Online



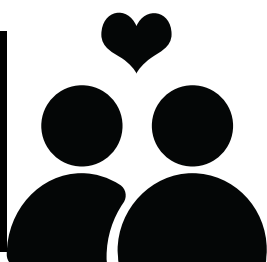
Growth Mindset



The World of Work



Relationships with Others



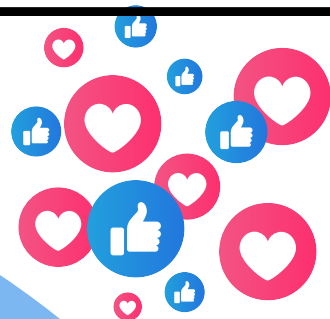
Culture and Liberty

Celebrating Women in History: Traditional Roles



Fairtrade: Working Together

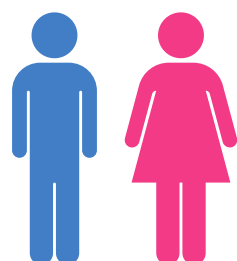
Social Media Body Confidence



Democracy

Global Warming - What Can We Do to Help?

Gender



Power of Words STOP



Different Kinds of Friendship

My Body, Your Body - Keeping Healthy

Anxiety, Stress and Mindfulness



Safety with Household Meds

Vaccinations and Diseases



Autism Different, Not Less

Anger, Fear and Mindfulness



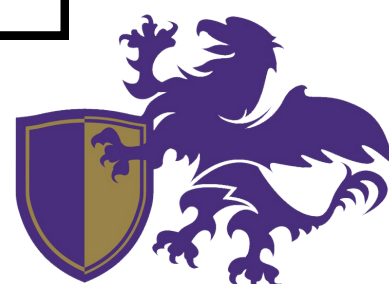
Change is Good

Self-Worth and Self-Image

Exercise



Personal Hygiene



Griffin Schools Trust

Year 3



Adapting to Change



Personal Goal Setting

The Art of Failure

Protecting our Planet



Forest Survival



Cyber Safety



Fire Safety



Dealing with Loss

Respecting All Families

Environment



My Private Body

Fight or Flight

Desert Island

Navigation

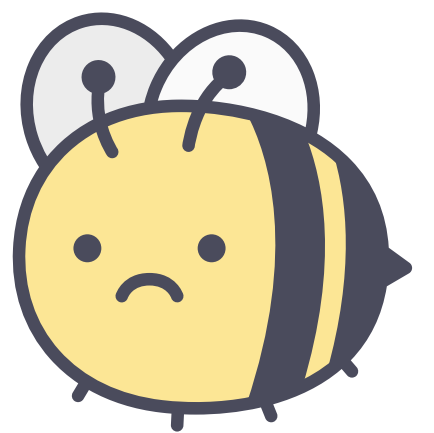


Understanding Peer Pressure



Medicines and Drugs

Positive Friendships



Feeling Sad

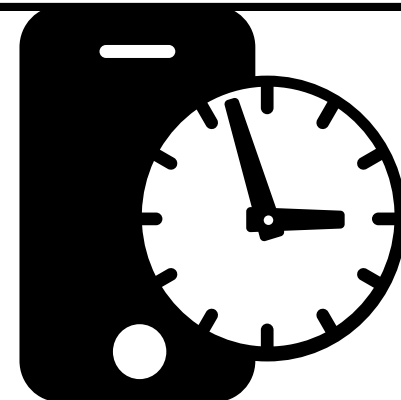
Relaxation

It's Okay not be Okay

Happiness

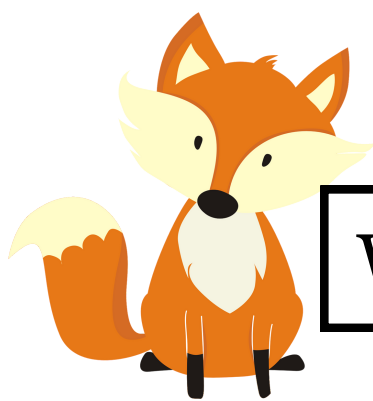


Screen Time Safety



Year 2

Safety Symbols



Wildlife



Food Safety
and What Not
to Eat

Emergency
Services



Road Safety

Signalling and Sign
Language



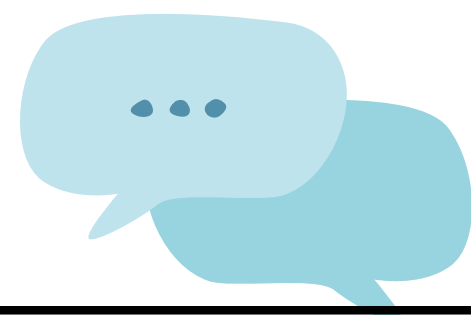
Braving the
Weather



Water Safety

My Growing Body

A Problem Shared
is a Problem
Halved

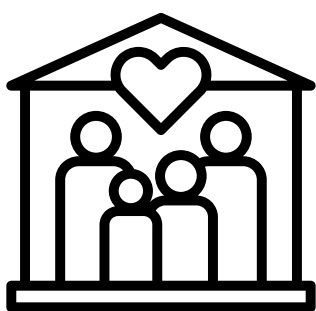


Communication

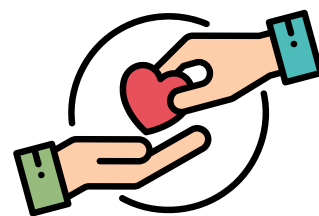
Trust

Respecting Others

What Makes a
Family



Kind vs Unkind



Understanding
Difficult Feelings



What is Friendship

Hygiene and Me



Being Mindful

Year 1

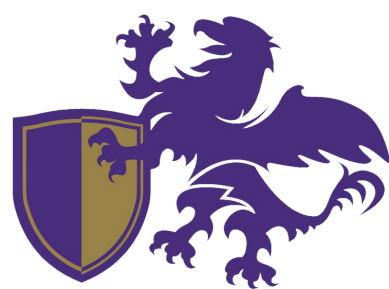
Being Happy



First Aid and CPR

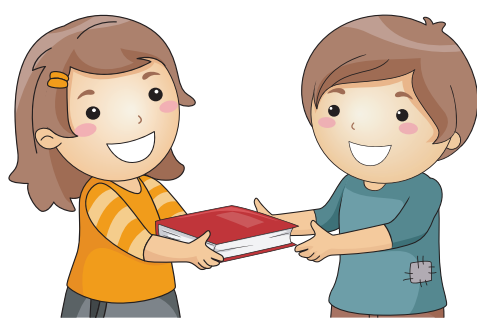


Getting your
sleep



Griffin
Schools
Trust

Marching to the
Beat of your Own
Drum



Sharing



Road Safety

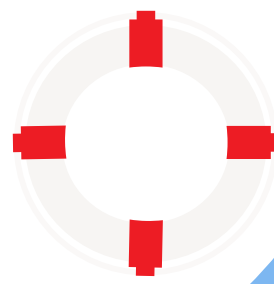
Follow My Lead

Technology



Making Mistakes

Water Safety

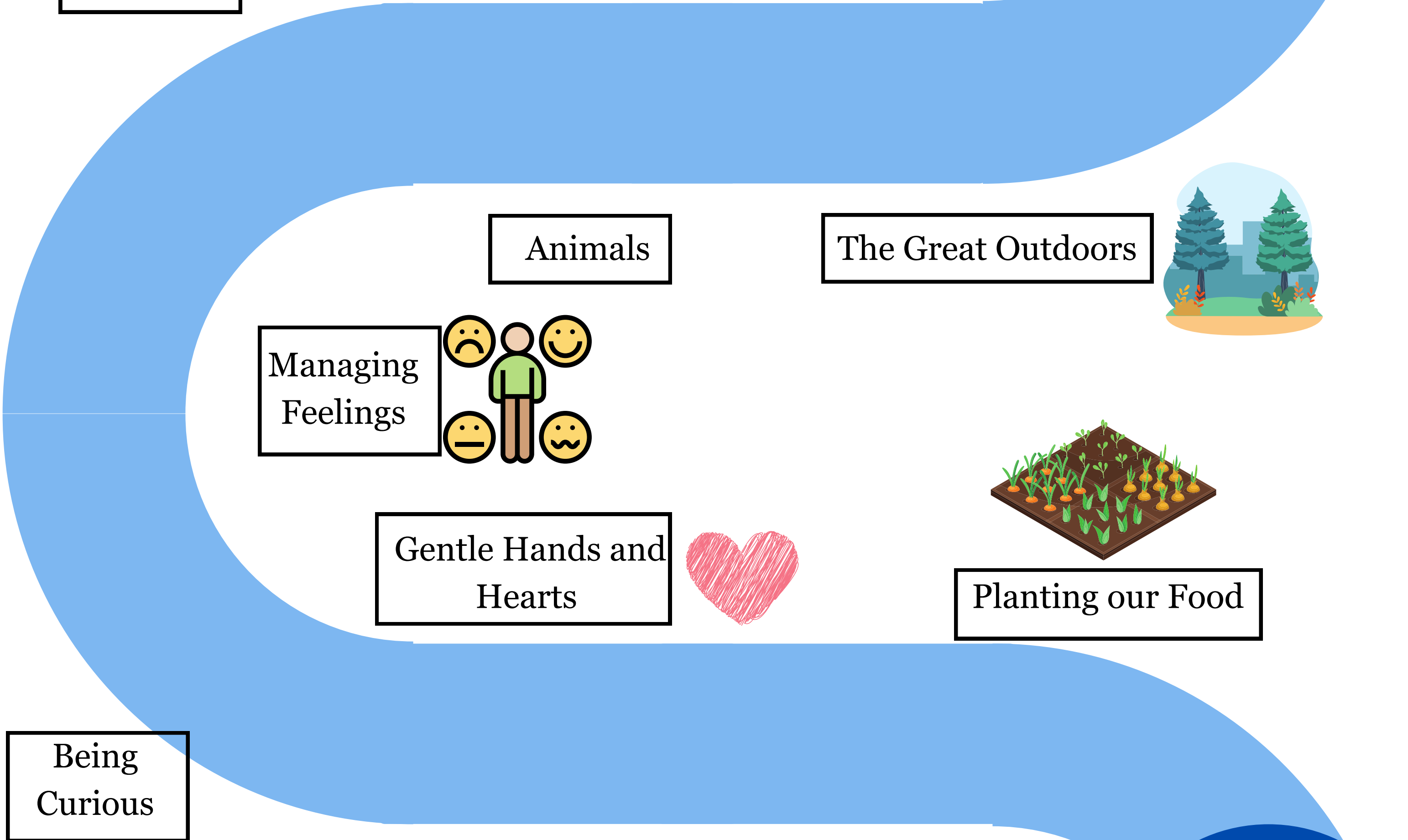


Sleep

Trusted Adults



Fire Safety



Animals

The Great Outdoors



Managing
Feelings



Gentle Hands and
Hearts



Planting our Food

Being
Curious

Taking Good Care
of Myself



Cities, Towns,
Land and Sea



Early
Years