



PARK LANE
PRIMARY SCHOOL
AND NURSERY

Personal, Social, Health and Economic Education Policy, including Relationships Education

Date: September 2023
Review Due: September 2024

Reviewed Annually

1. Aims

Personal, Social, and Health Education (PSHE) is an essential element of the Griffin curriculum, which runs as a thread through all that we do.

Our aim is to provide our pupils with the knowledge, skills and understanding necessary to be confident, well-rounded individuals, capable of leading healthy and independent lives. We want them to be able to make informed choices about their actions so that they may make a positive contribution to the community, whether that is within Park Lane, their family and friends or the wider world.

With this solid foundation, Griffins can fulfil their potential.

2. Content and delivery

2.1 What we teach

We are not required to follow a standardised programme of study. However, it is our legal duty under the Children and Social Work Act 2017 to teach relationships education and health education with due regard to the statutory guidance, which is the Department for Education's "Relationship Education, Relationships and Sex Education (RSE) and Health Education" 2019. We have therefore been given flexibility to deliver PSHE tailored to the needs of our own pupils.

Primary schools are required under the statutory guidance to deliver Relationships Education which provides children with the "fundamental building block and characteristics of positive relationships." Relationships Education within primary school is not required to include sex education, but this is addressed instead within the primary science curriculum.

Relationships Education at Park Lane is focused on the features of healthy relationships, whether these are friendships, family relationships or relationships in the wider world; how to recognise relationships that support positive emotional and mental wellbeing and how different families can appear; how to respect and set appropriate boundaries within relationships. It also includes information on how to recognise and report abuse by focusing on appropriate personal boundaries and privacy. Relationships Education does not promote sexual activity.

Park Lane Primary School has chosen to deliver the LifeWise programme, which has been designed to meet the End of Primary Key Stage Goals set out in both statutory and non-statutory recommendations.

The LifeWise programme includes

- Families and People Who Care for Me
- On-line Safety and Harms
- Healthy Eating
- Physical Health and Fitness
- Drugs, Alcohol and Tobacco (Years 2-6)
- Basic First Aid
- Changing Adolescent Body
- Sex Education (Years 1-6)
- Health and Prevention
- Fundamental British Values
- Positive Behaviours

We also teach Fundamental British Values explicitly in PSHE lessons, which includes democracy, the rule of law, individual liberty, and mutual respect for and tolerance of those with different faiths and beliefs. These values are embedded within the Griffin philosophy and are therefore intrinsically reinforced in our every-day interactions with our children.

2.2 How we teach it

PSHE Lessons are planned into the teachers sequence of learning with the long term plan highlighting key topics to be completed each half term. These sessions allow sufficient time for discussions to develop through quality first teaching.

The LifeWise programme is supplemented by content delivered through assemblies, class discussion time, Griffin University sessions and other school events and trips as become available. (e.g. official UK Parliament visits to Westminster, Diana Award Anti-Bullying Ambassador training).

By enhancing the LifeWise programme with this additional content we aim to enhance the experience of our pupils with regard to mental wellbeing, inclusion and diversity and other social contextual issues which allow our children to understand the context within which they live. We therefore take the opportunity offered by topic specific events, such as Mental Health Awareness Week, Safer Internet Day, etc.

The LifeWise sessions are delivered by class teachers and teaching assistants. For specific sessions, outside agencies may be contracted to deliver where this is the most appropriate way of ensuring the best quality experience for our pupils (e.g. Bikeability).

Learning opportunities are matched to the individual needs of all children, including those with special educational needs and disabilities. PSHE is taught inclusively to all children regardless of their race, religion and gender, whilst at the same time addressing the need for equal opportunity. The PSHE curriculum we have chosen is also designed to meet the single equality duty policy.

In delivering the enhanced curriculum, staff will ensure that no judgement will be passed on the lifestyles and choices made by others. If a safeguarding issue is raised, staff are required to follow the correct safeguarding procedure and safeguarding policy and have been trained carefully to be able to do so effectively.

2.3 Assessment and Recording

Teachers make informal assessments of the understanding of the children in each PSHE lesson by observing them in the discussions, debates and interactions within the class. The learning objectives and expectations in understanding are made clear at the beginning of each lesson and an assessment of each child's success against these expectations is made at the end of each PSHE session. Teaching staff will judge whether their level of understanding of the subject covered is "emerging", "expected" or "exceeding" and this is recorded.

Those children who require additional input are therefore identified and additional learning opportunities are explored, such as joining a Nurture Group to ensure they reach the expectations of the topic and embed their individual understanding.

The contributions of the pupils are recorded in a whole class portfolio, which aims to capture the nature of the discussions between pupils and the range of contributions made, as well as celebrating their achievements. This is available for all parents and visitors to view.

Parents are also provided with information about the content of each session and their child's participation through Seesaw by way of individual posts relevant to only their child and/or summaries of the issues covered.

3. Roles and responsibilities

3.1 The governing board

The governing board will hold the Head of School to account for the implementation of this policy.

The governing board has delegated the approval of this policy to the Head of School.

3.2 The Head of School

The Head of School is responsible for ensuring that PSHE/ RSE is taught consistently across the school

3.3 Staff

Staff are responsible for:

- Delivering PSHE in a sensitive way
- Modelling positive attitudes to PSHE
- Monitoring progress
- Responding to the needs of individual pupils

3.4 Pupils

Pupils are expected to engage fully in PSHE and, when discussing issues related to PSHE, treat others with respect and sensitivity.

3.5 Parents

Parents are encouraged to read the communications issued via Seesaw about the PSHE curriculum, the content of the PSHE sessions being experienced by their children and the contribution their own child made, so that they are able to support the learning at home. Parents' views on the PSHE curriculum and teaching are welcomed, and the school will provide opportunities for parents to provide us with their comments, which will be considered carefully.

We will ensure that parents are aware of the timing of sex education lessons, and are advised on the content of those lessons, so that they may make an informed decision regarding their child's participation in these lessons. Parents with any concerns should contact the PSHE Lead in order to discuss them constructively.

4. Monitoring arrangements

The delivery of PSHE is monitored by the Subject Lead, Inclusion Manager, Mrs Williams, through:

- Examination of class evidence in floor books.
- Monitoring of data on the LifeWise website
- Seesaw entries
- Lesson observation

This policy will be reviewed by the Subject Lead each year, and after every review, the policy will be approved by the Head of School.

5. Links with other policies

This policy links to the following policies and procedures:

- Safeguarding Policy
- Online Safety Policy
- Anti-Bullying Policy
- Relationships Policy
- Positive Mind and Wellbeing Policy